

Individualized Housing Options

Residential
Support
Services



Available
Housing
Options



Hennepin County Residential Placement

- Housing is not an entitlement
- Group home placement is not automatic at age 18
- Increases in funding are considered when there are significant issues of health and safety



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Moratorium

Foster Care

- Corporate or family foster care-- licensed for children or adults
- Licensed through Rule 203--primarily health and safety issues are addressed
- Reimbursement is based on difficulty of care



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Housing Options

- Apartment with Services
- Own Your Own Home
- Rent a house with room mates
- Mother-in-Law Apartments
- Housing with paid and natural support
- Housing in a region or neighborhood
 - With program supports or family in the area
- Co-housing
- Creative: Convert garage into apartment
 - to be close to family



Housing Options- Non Corporate AFC

- Do not meet the common definition of “individualized housing options”
- Common living arrangements that combine housing and services
- Models may be county, provider or family-driven



“Host Homes”

- Living setting licensed as family foster care
- Foster care license holder is live-in caregiver who provides majority of staffing and is subcontractor of licensed residential habilitation provider
- Licensed residential habilitation provider trains, oversees, and provides technical assistance and backup support for foster care license holder



“Host Homes”

- Case managers authorizes half month SLS to Residential Habilitation provider
- Offers more home-like environment for clients who need SLS-type services
- Model being piloted by LSS in Hennepin County but no homes are open yet
- Host homes exist in neighboring counties and are increasing in number



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Provider or Family Controlled Homes

- Single family homes not licensed as adult foster care
- Providers may own or rent homes from private landlords or family members of residents
- Residents typically do not hold leases
- In some cases families may rent directly to residents
- Half month SLS authorized to provider and staffing resembles that of a licensed foster home
- Client income or MSA Shelter Needy used for rent



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Apartment Programs

- Providers rent apartment units provide housing and services to waiver recipients
- Providers typically work within large apartment complexes
- Residents do not typically have leases
- Staffing is shared among multiple units
- Congregate dining and activities provided
- Half month SLS is authorized to the provider



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Individualized Housing Options

- Residents are lease holders or if subleases are needed they are temporary
- Receiving services not a condition of housing
- Residents may choose services from any provider or from multiple providers
- Residents have lockable access and egress



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Individualized Housing Options

- Residents choose roommates and free to accept visitors
- Settings must have living, sleeping, bathing and cooking areas
- Providers cannot serve clients in more than 25% of units when buildings have more than 4 units
- Consistent with 2011 and 2012 legislative language around the definition of community settings



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IHO- Waiver Services

- Generally authorized on an incremental (15 min.) basis
- No minimal or base level of services required. Customized to the needs/preferences of the individual
- Individual may choose to work with multiple providers



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IHO- Waiver Services

- Housing Access Coordination
- Transitional Services
- 24 Hour Emergency Assistance
- SLS (15 Min.)
- Personal Support
- Assistive Technology
- Homemaker
- Transportation
- Home Delivered Meals
- Home Care Services



IHO RFQ

- In early 2012 a RFQ was issued for providers willing to provide individual housing options
- Over 30 providers submitted proposals
- Six providers were selected to meet with County staff to develop service options: CCP, CIP, Homeward Bound, Meridian and Dependable Home Care and Reach for Recourses
- The six providers will be invited to present to staff later in October
- Non-selected providers encouraged to move forward with IHO



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Individualized Housing Options --Expectations

- May hire a provider of their choice
- Housing and services are separate
- May choose their own room mates
- Home must have living, sleeping, bathing and cooking areas
- Must be able to lock their home
- Free to receive visitors whenever they wish
- The community should be easily accessed



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Questions to Consider

Who will have the primary responsibility to arrange medical appointments?

Who should be contacted when medical appointments are made?

Who is responsible to contact the school or day program?

Who will have primary responsibility to arrange transportation for medical appointments?

Who will attend the medical/ dental appointments with the person?

Who will attend work related/ day program meetings?

Who will have primary responsibility for keeping personal items/ money safe when the person is in the community?

Who will have primary responsibility for suggesting and arranging community activities?



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Discussion Points

- Person Centered Plan?
- What model are they considering?
- What are the costs for rent/ food?
- Work within current budget
- Who will do what?
- Background about changes in housing/legislation
- Does the provider have experience?
- Do people have their own lease?
- How will evaluation occur?



How will I Pay For?

- **Room and Board**

- MSA Shelter Needy
- GRH Funding
- Food Support
- Fare For All
- Room mate
- Caregiver Living Expenses
- Income from job
- SSI/ RSDI income
- Section 8

- **Staff Support Needed**

- Waiver
- PCA
- CSG
- Natural Support/ Friends
- Family
- Room mate
- Volunteers
- Location near family/friends



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Supported Living Service (SLS)

- Licensed through MN Consolidated Standard 245B.01 and Adult Foster Care Rule 203
- A package of services
 - Includes staff, staff recruitment, transportation, community programming, & habilitation goals
- Preferred use of 1/4 o vs. daily SLS
- Staff are trained according to 245B



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Personal Support, Respite and Homemaker

- Non licensed services through the DD Waiver
- Cost effective-services cover more hours
- Flexible option with most control within traditional services
- Guardian has more input
- Provides support and supervision only



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Caregiver Living Expenses

- Pays cost of staff's rent/food
- Staff can't be related or have an interest in the home
- Divide the cost of rent and food by the number of people living there
- Provider must have this service in their contract

24 Hour Emergency Assistance

- A individualized plan developed with the case manager
- Services can be per 15 minutes or per day
- Counties are developing rates
- Potential for non-traditional collaborations



Home Ownership

“Indicators for Readiness”

- Stable income
- Manageable debt
- Stable rent history
- Good credit/ bill paying history
- Self motivated
- Save for down payment