



LAURA BAKER
.....
SERVICES ASSOCIATION

Bringing the Power of Possibility to People with Special Needs

**Laura Baker Services Association
Family Support Services**

Resource Directory

(updated March 2017)

Table of Contents

INTRODUCTION	3
SUPPORT	4
Government Resources	4
24 Hour Crisis Lines	4
Developmental Disabilities.....	5
Mental Health Supports and Resources.....	6
Children’s Services and Mentoring.....	8
MEDICAL.....	9
Medical Services.....	9
Dental Services	10
LIVING	11
Food.....	11
Clothing and Furniture	11
Financial Counseling	12
Housing.....	12
Employment Services	13
Transportation.....	14
Education.....	14
Childcare.....	15
RECREATION	16
Social Activities.....	16
Recreational Activities (Camps and Trips)	17
Services for Seniors	18

Disclaimer: *This resource directory is intended to provide information about community resources and is not an exhaustive list of all available offerings. The inclusion of certain programs and services should not be considered as an endorsement by Laura Baker Services Associations. Families should conduct their own inquiries to determine whether the program or service is appropriate for their family or family member.*



Bringing the Power of Possibility to People with Special Needs

INTRODUCTION

Laura Baker Services Association (LBSA) is pleased to share this directory of family support resources. The directory is intended to provide individuals with disabilities and families who have loved ones with disabilities information about a range of support services and programs in the greater Northfield area.

Laura Baker Services Association is a Northfield-based nonprofit organization supporting adults with developmental and intellectual disabilities to live as independently as possible in the community. LBSA has a 120-year history of serving adults and children, initially as a school for children with disabilities and subsequently as an organization providing residential services and direct support for adults with developmental and intellectual disabilities, on our campus on Oak Street and in homes throughout Northfield. Specifically, our mission is:

“to respect the life choices and dreams of people with developmental disabilities and help them reach their goals.”

If you have any questions about community resources or about LBSA, please do not hesitate to contact our Family Support Services office at fss@laurabaker.org or 507-645-8866, ext. 123.

211 Oak Street, Northfield, MN 55057

www.laurabaker.org

SUPPORT

Government Resources	
<p>Rice County Social Services 320 NW 3rd St., Suite 2, Faribault Faribault Phone (507) 332-6115 Northfield Phone (507) 645-4723</p>	<ul style="list-style-type: none"> • County disability services includes case management. • Manages Medicaid Home and Community Based Waivers: Developmental Disabilities, Community Alternatives for Disabled Individuals, Community Alternative Care, and Brian Injury. • Manages application for TEFRA, an option for children with disabilities who live with their parents, need a high level of care, whose parents have too much income for their child to qualify for Medicaid.
<p>Rice County Child Welfare Services 320 N.W. 3rd Street Faribault Phone (507) 332-6115 Northfield Phone (507) 645-4723</p>	<ul style="list-style-type: none"> • County protective services, individual and family counseling, referrals, parent education and case management • Foster care with focus on family reunification
<p>MinnesotaHelp.info www.minnesotahelp.info Senior Linkage Line 1-800-333-2433 Disability Linkage Line 1-866-333-2466</p>	<ul style="list-style-type: none"> • Statewide information and referral resource • Serve as a single point of access for all disability and senior care related questions • Consolidates the online resources of the Disability Linkage Line and Senior Linkage Line • Chat with specialists online for advice, or call them toll free, staffed 8 am – 4:30 pm • Extensive searchable resource listing for seniors, youth, people with disabilities, veterans, and more.
<p>Veterans Linkage Line 1-800-546-5838 (LinkVet) Rice County Veteran’s Officer (507) 332-6117 https://linkvet.custhelp.com/#</p>	<ul style="list-style-type: none"> • Provides information, referrals and assistance for Veterans Benefits Assistance Programs, education, employment, disability, burials, families, and state and federal resources
<p>SSI/RSDI Call Social Security at 1-800-722-1213</p>	<ul style="list-style-type: none"> • Supplemental Security Income • Retirement and Survivors with Disability Insurance -Cash benefits payable to children with qualifying disabilities whose families have limited income

24 Hour Crisis Lines	
<p>911</p>	<ul style="list-style-type: none"> • Immediate Emergency
<p>Hope Center SafeLine 1-800-607-2330</p>	<ul style="list-style-type: none"> • Help for victims of sexual and domestic violence. • Provides crisis intervention, support counseling, help with protection planning, and referral to other resources for survivors and victims. • Provides emergency services, such as transportation to shelters or local safe homes for adults and children who are in immediate danger.
<p>South Central Crisis Center Warm/Crisis Line 1-877-399-3040</p>	<ul style="list-style-type: none"> • provides support for children, teens, and adults who are experiencing a mental health crisis • Provides short to longer term assistance for those

	experiencing mental health or emotional crises.
Rice County 24-hour Crisis Line 1-800-422-1286	<ul style="list-style-type: none"> • Manned by Rice County social workers to help address a wide range of crises.
Minnesota Domestic Violence Line 1-866-223-1111	<ul style="list-style-type: none"> • Provides 24-hour crisis supportive services for those experiencing domestic violence. • Provides emergency shelter, support groups, legal advocacy, and transitional housing.
National Suicide Prevention Lifeline 1-800-273-8255	<ul style="list-style-type: none"> • Free and confidential support for people in distress, prevention and crisis resources.

Developmental Disabilities	
Family Voices of Minnesota 1-866-334-8444 www.familyvoicesmn.org	<ul style="list-style-type: none"> • Provides families of children with special health care needs and disabilities with information about community resources and support • Parent to Parent - connects parents of children with one another in a supportive 1:1 relationship
Autism Society of Minnesota 2380 Wycliff St, St. Paul (651) 647-1083 info@ausm.org http://www.ausm.org	<ul style="list-style-type: none"> • Educate families, professionals and public about autism • Referrals • Workshops/Skillshops • Support Groups
The Arc Minnesota 800 Transfer Road, Suite 7A, St. Paul (651) 523-0823 Toll-Free 1-800-582-5256 mail@arcmn.org http://www.arcmn.org/	<ul style="list-style-type: none"> • Private, nonprofit state voluntary organization • The nation's largest grassroots advocacy organization for people with disabilities • Housing Access services, resources and events • Referrals • Information and education programs
The Arc of Southeastern Minnesota 6301 Bandel Road NW Suite 605, Rochester (507) 287-2032 (888) 732-8520 (toll-free) http://www.arcse-mn.org/wp/	<ul style="list-style-type: none"> • See above • SE MN chapter of the statewide Arc organization
Minnesota Youth and Children with Special Needs – Minnesota Dept. of Health 85 East 7 th Pl., St. Paul (651) 201-3650 Toll Free 1-800-728-5420. Health.cyshn@state.mn.us http://www.health.state.mn.us/mcshn	<ul style="list-style-type: none"> • Provides help in arranging funding evaluations for children under the age of 21 years • Help for children with birth defects, diseases and conditions • Early childhood intervention programs
The Minnesota Governor's Council on Developmental Disabilities 658 Cedar St., St. Paul (651) 296-4018 Toll Free (877) 348-0505 Admin.dd@state.mn.us	<p>Links to resources for:</p> <ul style="list-style-type: none"> • Children, youth and family • Disability advocacy/Social awareness • Disability law • Government • Health/Quality of Life

http://www.mnddc.org	<ul style="list-style-type: none"> • Information/Education/Studies/Research • Independent Living
<p>The PACER Center 8161 Normandale Blvd., Bloomington (952) 838-9000 1-800-537-2237 http://www.pacer.org</p>	<ul style="list-style-type: none"> • Parent training and information Center • Publications, workshops and other resources to help make decisions about education, vocational training, employment and other services for children • Website directory • Videos – found on their youtube channel • Newsletter
<p>MN Disability Law Center Legal Aid – Mid Minnesota Legal Assistance 430 1st Avenue N, Suite 300, Minneapolis 612-332-1441 http://www.mndlc.org</p>	<ul style="list-style-type: none"> • Free legal services for persons with developmental disabilities • Support for clients in areas of abuse and neglect, self-determination, community-based services, supports, healthcare, accessibility and discrimination, special education, and employment.

Mental Health Supports and Resources	
<p>Allina Mental Health 1400 Jefferson Road, Northfield (507) 663-9000 100 State Ave, Faribault (507) 334-3921 www.allina.com</p>	<ul style="list-style-type: none"> • Grief Resources • Crisis Intervention and Assessment • Substance Abuse Programs • Full Hospitalization • Day Treatment/Support & Therapy Groups
<p>Center for Human Resources 220 Division St., Northfield (507) 645-9304 http://chr-northfield.com</p>	<ul style="list-style-type: none"> • Professional Mental Health Services • Outpatient Mental Health Center • Marriage Clinic • Current Research on Depression • Improving relationships • Eating Disorders and Treatment • Mind-Body Approach to Stress Reduction
<p>Cedar House, Inc. 329 Faribault Rd, Faribault (507)334-1983 815 Hwy 3 N, Northfield (507) 645-8335 www.cedarhouseinc.com</p>	<ul style="list-style-type: none"> • Coping Skills for Depression, Anxiety and Grief • Adult Mental Health Rehabilitation Services • Children’s Therapeutic Support Services • Day Treatment • Employment Skills • Independent Living Skills • Crisis Management • Individual and Group Psychotherapy
<p>Associates in Psychiatry & Psychology 1961 Cardinal Ln., Faribault (507) 333-5044 www.appmn.com</p>	<ul style="list-style-type: none"> • Individual, marital, family or group therapy • Chemical Dependence Treatment and Evaluation • Expertise in • Addictions, Anxiety, Anger Management • Depression, Teenage Adjustment Issues, Hypnosis

<p>Catholic Charities 24 Hour Crisis Line 1-800-227-3002 Divine Mercy Catholic Church Offices 4 2nd Ave SW, Faribault (507) 334-2266 ext. 21 www.catholiccharitiesusa.org</p>	<ul style="list-style-type: none"> • Directed towards low to moderate income persons • Services provided regardless of religious affiliation or ability to pay • Clinical and Supportive Counseling Services • Crisis Consultation
<p>Depression/Bipolar Support Alliance Group District One Hospital 200 State Ave, Faribault (507) 330-2296 Toll Free 1-800-826-3632 www.dbsalliance.org</p>	<ul style="list-style-type: none"> • Regular, confidential, self-help support group meetings from 7-9pm, first Thursday of the month • Educational and Support Groups • Tests and Educational Tools • Advocate and Volunteer Opportunities • Online Support Groups
<p>Friendship House 212B Central Ave. N, Faribault (507) 333-5840 http://friendshiphouse.sccbi.info/</p>	<ul style="list-style-type: none"> • Support Groups • Crisis Intervention • Fitness Programs • Access to Mental Health Information and Services • Employment Support • Volunteer Opportunities
<p>Fernbrook Family Center 410 Central Ave, Faribault (507) 331-3454 631 N Cedar Ave Owatonna (507) 446-0431 www.fernbrook.org</p>	<ul style="list-style-type: none"> • Staff address concerns where they are happening (home, community, school, daycare) • Children Therapeutic Services and Supports • Adult Rehabilitative Mental Health Services • Parent-Child Interaction Therapy • Mental Health Behavioral Aids Services • Mental Health Rehabilitation Worker Services • Trauma Focused Cognitive Behavioral Therapy • Outpatient Therapy
<p>Healthy Minds Counseling Services 418 Heritage Place, Suite C, Faribault (507) 412-168 www.healthymindscounseling.com</p>	<ul style="list-style-type: none"> • Private Counseling Center established in 2010 • Dialectical Behavioral Therapy (DBT) Groups • Areas of Specialty: Anxiety, Depression, DBT, Marriage Counseling, Grief, Adult and Children’s Mental Health and Chemical Health Recovery
<p>The HOPE Center 1003 7th St. NW, Faribault (507) 332-0882 www.hopecentermn.org</p>	<ul style="list-style-type: none"> • Help for Survivors and Victims of Sexual and Domestic Violence • Legal Advocacy and Support Groups • Child Resiliency Center • Rice County Sexual Multidisciplinary Action Response Team • Support Groups for Survivors of Sexual and Domestic Violence
<p>Lutheran Social Services 1207 SW Prairie Ave, Faribault (507) 332-2932 www.lssmn.org</p>	<ul style="list-style-type: none"> • Individual & Family Counseling • Anxiety and Depression • Abuse and Trauma • Play Therapy

<p>New Directions Counseling Center 303 1st Ave NW Suite 202, Faribault (507)332-8082 www.ndccmn.com</p>	<ul style="list-style-type: none"> • Individual, Marriage and Family Therapy • Psychological Assessments • Weight Management • Grief, Stress, Trauma and Depression Services • Child Sexual Abuse • Play and Art Therapy
<p>South Central Crisis Center 24 Hour Crisis/Warm Line (877) 399-3040 521 Pfau St., Mankato (507) 344-0621 www.sccbi.info</p>	<ul style="list-style-type: none"> • Services in Chemical Dependency, Developmental Disabilities, Financial Assistance, Housing and other Mental Health Services • Crisis Assessment and Intervention • Short-Term Problem Solving and Counseling • Medication Education, Monitoring and Management • Symptom Management and Relapse Prevention • Family Education and Support

Chemical and Substance Abuse Resources and Services - Many of the programs listed under “Mental Health Supports and Resources” offer substance abuse services as well.

<p>Omada Behavioral Health Services Central Block Building 401 Division St, Suite B, Northfield 507-664-9407 https://northfieldhci.org/resources/omada-behavioral-health-services/</p>	<ul style="list-style-type: none"> • Outpatient substance abuse disorder clinic • Comprehensive assessments and individualized treatment programs • Accessible to those with mobility and visual impairments • Can set up interpreters for non-English speakers • Most insurance accepted
<p>Family Focus 2301 NW 4th St. NW, Suite 202, Faribault (507)334-6413 Hotline (507) 389-2983</p>	<ul style="list-style-type: none"> • Outpatient Substance Abuse Services • Chemical Dependency • Payment Accepted: Self payment, Medicaid, • Medicare, private health insurance, military insurance.
<p>Alcoholics Anonymous www.aa.org South MN Meeting Locator: http://www.aaminnesota.org/index.php</p>	<ul style="list-style-type: none"> • Place for people to share experience, strength, and hope • 10 groups in Northfield, meeting on various days
<p>Narcotics Anonymous Minnesota: http://www.naminnesota.org/ Emergency Helpline: (877) 767-7676</p>	<ul style="list-style-type: none"> • Recovering addicts meeting to help one another stay clean • No fees/dues • Regular meetings in southern MN, visit website for locations and days

Children’s Services and Mentoring

<p>Project Friendship Northfield Mentoring Coalition 1651 Jefferson Parkway, Northfield (507) 301-7705 info@projectfriendshipmentoring.org</p>	<ul style="list-style-type: none"> • Mentoring program for youth grades 2-7 • Elementary aged children matched with college students in Northfield • Mission is to build healthy, supportive relationships • Meet weekly with their buddy on campus at St. Olaf or Carleton
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<p>Helping Youth Positively Engage (HYPE) (507) 664-3649</p>	<ul style="list-style-type: none"> • For middle school aged children • Register through Community Services • Dance, play dodgeball and participate in other themed activities
<p>Middle School Youth Center (507) 664-3649 http://northfieldschools.org/communityservices/youth/</p>	<ul style="list-style-type: none"> • After school program • Located at the Northfield Middle School • The program is free • For Northfield youth in grades 6-8 • Monday-Thursday: 3:00pm – 5:00pm
<p>Big Brother’s Big Sisters 322 Central Ave. Faribault (507) 334-0258 www.bbbsofsouthernmn.org</p>	<ul style="list-style-type: none"> • One-to-One Youth Mentoring Organization • Promote self-esteem, healthy life choices • Improve social skills.
<p>Community Action Center 1651 Jefferson Parkway, Suite HS-200 Northfield, MN (507)664-3550 https://communityactioncenter.org/programs/</p>	<ul style="list-style-type: none"> • Christmas Sharing program to provide gifts to children • Summer Food Service provides a healthy lunch when school is not in session • Operation Backpack provides kids with school supplies • CAC can provide summer camp scholarships for kids age 8-15
<p>Sibshops – sibling support U of MN Masonic Children's Hospital 2450 Riverside Avenue South Minneapolis, MN (612) 273-3124, lsufka1@fairview.org</p> <p>Children's Minnesota 2525 Chicago Avenue South Minneapolis, MN (612) 813-5989 kirstin.a.molsather@childrensmn.org</p> <p>Mayo Clinic 200 1st Street SW Rochester, MN (507) 255-4091 mayosibshop@mayo.edu</p>	<ul style="list-style-type: none"> • Peer support through moderated workshops for children whose siblings have special health care needs, including developmental disabilities, mental health concerns, and complex or rare medical conditions. • Workshops are locally run and structured. • For additional information about the national Sibling Support Project and its resources, visit: https://www.siblingsupport.org/ or call (206) 297-6368.

MEDICAL

<h3>Medical Services</h3>	
<p>Northfield Hospital & Clinics 2000 North Ave., Northfield (507) 646-1000 www.northfieldhospital.org</p>	<ul style="list-style-type: none"> • Independent, integrated health care organization • Includes primary and specialty care Family Health Clinics

<p>Allina Clinic Northfield 1400 Jefferson Road, Northfield (507) 663-9000 100 State Ave, Faribault (507) 334-3921 www.allina.com</p>	<ul style="list-style-type: none"> • Includes primary and specialty care clinics
<p>HeathFinders Collaborative, Inc. 710 Division Street, Northfield 507-646-8964 223 Central Avenue, Faribault 507-323-8100 www.Healthfindersmn.org</p>	<ul style="list-style-type: none"> • Provides quality, accessible and culturally sensitive healthcare services at no cost • HealthFinders Clinic • Education and Support for Chronic Conditions • Medication Assistance Program
<p>District One Hospital 200 State Ave., Faribault (507) 334-6451 www.allinahealth.org/District-One-Hospital</p>	<ul style="list-style-type: none"> • provides a broad range of health care services to Faribault and the surrounding communities.
<p>Take it to the Box 24 Hour Drop Box Northfield Police Department 300 5th St. W, Northfield Faribault Police Department 25 4th St. NW, Faribault</p>	<ul style="list-style-type: none"> • Take your outdated or unneeded medications, prescription drugs, over-the-counter medications and animal meds • Secure medication disposal box in the lobbies of both Faribault and Northfield
<p>NeedyMeds Helpline: (800)503-6897 http://www.needymeds.org/</p>	<ul style="list-style-type: none"> • Source of information on patient assistance programs. • Prescription Assistance • Drug Discount Card

Dental Services	
<p>Ronald McDonald Care Mobile Northfield Community Action Center 1651 Jefferson Parkway, Northfield (507) 664-3550</p>	<ul style="list-style-type: none"> • Dental care for those 21 or under, and pregnant women who are uninsured or on a public insurance plan • First Wednesday of every month • Call to schedule an appointment
<p>Children’s Dental Service Entire Faribault School District Served (612) 746-1530 ext. 21, 1-866-543-6009 http://www.childrensdentalservices.org/</p>	<ul style="list-style-type: none"> • Provides dental care for children from low-income families • Birth - 18 years of age (21 if insured) • Possible free care or care on a sliding care • MA or MNCare accepted
<p>Apple Tree Dental Rochester Center for Dental Health 973 Skyline Dr., Rochester 507-424-1040 http://www.appletreedental.org/</p>	<ul style="list-style-type: none"> • Services in Geriatric Dentistry • Staff are trained to serve individuals with special needs. • Mobile Dental Care delivers on-site care to nursing facilities, group homes, and low-income children. • Patient-centric; based on ability to pay.
<p>Vineyard Community Services 13798 Parkwood Drive, Burnsville 952-595-5980 http://vcsmn.org/site/free-dental-clinic/</p>	<ul style="list-style-type: none"> • Free dental services to low-income patients without dental insurance and no realistic way to pay • Preventative cleaning clinics and checkups

LIVING

Food	
Cathedral Guild House 101 NW 6 th St., Faribault (507)334-7732 http://www.thecathedralfaribault.com/	<ul style="list-style-type: none"> • Free Tuesday Evening Dinners 5-6:30pm all year long • May offer other programs and forms of support
Community Action Center – Food Shelf 1651 Jefferson Parkway, Suite HS-200, Northfield (507) 664-3550 http://communityactioncenter.org/	<ul style="list-style-type: none"> • The Food Shelf is open Mondays, Thursdays and Fridays (11:00am – 4:00pm) and Tuesdays (12:00pm – 7:00pm) • To participate, apply at the address listed
Faribault Area Food Shelf Faribault West Mall Location 200 Western Ave NW (507) 334-2137	<ul style="list-style-type: none"> • Monthly program which includes pre-packed bag of groceries • Must make under poverty level wages to qualify
Community Action Center – Thursday Table 1651 Jefferson Parkway, Northfield (507) 664-3550 http://communityactioncenter.org/	<ul style="list-style-type: none"> • A hot, healthy meal every Thursday, served from 5:00pm-6:30pm
WIC Program Rice County Public Health Nursing Services Government Services Building 320 3rd Street NW, Suite 1, Faribault Local (507)-332-5906 Toll Free 1-800-657-3942 http://www.health.state.mn.us/divs/fh/wic/	<ul style="list-style-type: none"> • Women, Infant and Children’s Program • Tips and advice to keep family healthy • Help find health care, immunizations • Vouchers for healthy food • Eligible if pregnant, or have a child under 5 years • Automatically eligible if participating in MA, Food Stamps, MFIP, Reduced Free School Lunch

Clothing and Furniture	
The Clothes Closet 1651 Jefferson Parkway Suite HS-200 Northfield, MN 55057 (507) 664-3550	<ul style="list-style-type: none"> • Discounted and/or free clothing and household items • Donate gently used clothing, linens and household items
Used a Bit Shoppe 624 Water Street South, Northfield 507-645-1399	<ul style="list-style-type: none"> • Used Home Furnishings Store
The Clothes Closet 325 Central Ave N, Faribault (507) 334-9242	<ul style="list-style-type: none"> • Provides volunteer opportunity for seniors • Provides essential financial support for Senior Center • Bargain priced clothes for the whole family
The Children’s Exchange 408 Central Ave N Faribault (507)332-7591	<ul style="list-style-type: none"> • Resale shop with like new in style clothing for newborns through adult clothing sizes • Also sells books, home décor, jewelry and toys

<p>The Salvation Army 200 Western Ave. NW, Faribault (507)333-1336</p>	<ul style="list-style-type: none"> • Gently used items at a discount price • Provides volunteer opportunities • Clothing, furniture, home décor, appliances, books
<p>St. Vincent DePaul Center for Charitable Gifts 617 3rd Ave. NW, Faribault (507) 334-2100 Emergency Number - (507) 301-1977</p>	<ul style="list-style-type: none"> • Clothing and Furniture • Food Assistance • Registration is on Monday and Wednesdays from 9:30-11:0am and 1:30-3:30pm • Closed on Tuesday, Thursday, Saturday and Sunday

<h3 style="color: #4F81BD;">Financial Counseling</h3>	
<p>LSS Financial Counseling 1-888-577-2227 424 W. Superior St. Suite 600 Duluth, MN 55802 (serves Rice County) http://www.lssmn.org/debt</p>	<ul style="list-style-type: none"> • Services provided by phone, online, or in offices located throughout the state • Budget and Debt Counseling Done for Free • Safe accredited services with certified financial counselors • Debt Management Plans, Bankruptcy, Credit Report Reviews, Foreclosure Prevention, Reverse Mortgage, Homebuyer Education
<p>LSS C.O.R.E Program Military/Veteran Family Services 1-888-881-8261 http://www.lssmn.org/veterans/</p>	<ul style="list-style-type: none"> • Resources and Referrals • Individual, Marriage and Family Counseling • Budget and Debt Management Counseling • Deployment and Reintegration Support • Respite and Caregiver Support • Anger and Stress Management • Services are Free and Confidential
<p>Community Action Center Caring Client Services 1651 Jefferson Parkway, Suite HS-200 Northfield, MN (507)664-3550 http://communityactioncenter.org/</p>	<ul style="list-style-type: none"> • Short-term counseling • Job seeking assistance

<h3 style="color: #4F81BD;">Housing</h3>	
<p>Northfield Housing and Redevelopment Authority Board 801 Washington St., Northfield (507) 645-8833 http://www.ci.northfield.mn.us/index.aspx?NID=486</p>	<p>Administers following programs</p> <ul style="list-style-type: none"> • Manufactured Home Repair • First Time Homebuyer Program • Street Assessment Assistance
<p>Housing and Redevelopment Authority Board Community Development 208 1st Avenue NW, Faribault (507)334-0100 http://www.faribault.org/301/Housing-Redevelopment-Authority</p>	<ul style="list-style-type: none"> • Manages public housing units • Manages Trails Edge Apartments & Robinwood Manor • Programs target low and moderate income households

<p>Rental Assistance Rice County Government Services Building 320 NW 3rd Street, Faribault Faribault Phone: (507) 333-3787 Northfield Phone: (507) 645-9576 http://www.co.rice.mn.us/departments/housing</p>	<ul style="list-style-type: none"> • Shelter Plus Care • Septic Loan Program • Minnesota City Participation Program – First Time Homebuyers • Morristown Housing Preservation Program • Rice County MHFA Rehab Program • Rice County Community Rehab Program
<p>Ruth’s House 124 1st Ave SW, Faribault (507) 332-2236 http://ruthshousemn.org/</p>	<ul style="list-style-type: none"> • Women’s Shelter • 9 units of transitional shelter for women and children • 7 off-site permanent housing units for women and children • Up to 2 years of shelter and safety from homeless-ness, emotional trauma, addiction, violence
<p>Three Rivers Community Action Center Faribo Town Square 201 S. Lyndale Ave, Faribault (507) 732-7391 Toll free: (507) 277-8418 http://www.threeriverscap.org/</p>	<ul style="list-style-type: none"> • Head Start Preschool Program • Housing and Community Development • Downpayment Assistance • Energy Assistance • Family Development and Crisis Programs • Public Transportation • Senior Services • Rehabilitation (Home) Loan Program
<p>USDA Rural Development 1810 30th St. NW #3, Faribault (507) 332-7418 ext. 4 http://www.rurdev.usda.gov/Home.html</p>	<ul style="list-style-type: none"> • Provides information, grants and loans for housing and other community developmental programs • Targets low, very low and moderate income level households.

<h2 style="margin: 0;">Employment Services</h2>	
<p>Community Action Center Caring Client Services 1651 Jefferson Parkway, Suite HS-200 Northfield, MN (507)664-3550 http://communityactioncenter.org/</p>	<ul style="list-style-type: none"> • Offers short-term counseling and guidance • Crisis Intervention • Advocacy and Resource Referral • Assistance with application process • Partnership with Northfield Works to provide job coaching and other services
<p>Workforce Center 201 Lyndale Ave S, Suite 1, Faribault (507) 333-2047 http://mn.gov/deed/ Workforce Development Inc. (Youth Program) (507) 333-5485</p>	<ul style="list-style-type: none"> • Vocational Rehabilitation and Job training • Unemployment Insurance Program • Info. on job seeking and job market • Veteran Employment Services • Communication center for people with disabilities • Displaced Worker and Homemaker Programs • Young Adult Development Program
<p>Job Accommodation Network Office of Disability Employment Policy (800)526-7234 Job Accommodation Network PO Box 6080 Morgantown, WV 26506-6080</p>	<ul style="list-style-type: none"> • Free, confidential assistance about job accommodations and the ADA • Contact representatives online, by phone, or by mail • Helps employers capitalize on the talents and values of people with disabilities • Job seekers can learn about employment and

http://askjan.org/	accommodation options
Epic Services 430 Railway Street South PO Box 186, Dundas 507-645-6800 http://epicenterpriseinc.org/	Provides supports to adults with disabilities in the Rice County area, including: <ul style="list-style-type: none"> • Employment services • Life enrichment services • Transition services • Transportation services
Ticket to Work Help Line: 1-866-968-7842 support@chooseworkttw.net . https://www.chooseworkttw.net/index.html	<ul style="list-style-type: none"> • People 18-64 who receive SSDI or SSI are eligible to participate • Connect with free employment services to prepare to work, find a job, and maintain success while in the workforce • Virtual Job Fairs • Webinars and online tutorials

Transportation	
First Choice Shuttle Northfield/Dundas: (507) 645-4447 Faribault: (507) 333-0090 http://youarriveontime.com/	<ul style="list-style-type: none"> • \$5.00 per ride in Northfield • Will go to other towns. Call for prices.
Hiawathaland Transit 1-866-623-7505 www.threeriverscap.org	<ul style="list-style-type: none"> • Curb to curb rides in Northfield • Call to reserve a spot, request route deviation or schedule dial-a-ride • Tokens/Punch cards can be purchased at City Hall or Cub Foods
Community Action Center 1651 Jefferson Parkway, Suite HS-200 Northfield, MN (507)664-3550 http://communityactioncenter.org/	<ul style="list-style-type: none"> • Assists with gas vouchers, bus tokens for Hiawathaland, and money for minor car repairs • Community Action Auto Recycling accepts donated cars in good working order and gives them to clients meeting criteria
Driving Miss Daisy Inc. & Home Care 1223 Highway, 60 West Faribault, MN 55021 507-331-2370 info@drivingmissdaisymn.com http://www.drivingmissdaisymn.com/	<ul style="list-style-type: none"> • Transportation to any occasion- medical appointments, dialysis, grocery shopping, social engagements, etc. • ADA compliant transport vans • Will attend doctor appointments with patient and assist with light errands/housekeeping • Accepts Medicaid, most long-term care insurance

Education	
Babies and Blankets 1651 Jefferson Parkway, Northfield (507) 664-3752 http://northfieldschools.org/communityservices/early-childhood/	<ul style="list-style-type: none"> • Education support for families and community resources. • Home Visits • Referrals

<p>Early Childhood Family Education Northfield Public Schools District Office 1400 Division St. S. Northfield (507) 664-3750 http://nfld.k12.mn.us/communityservices/early-childhood/</p>	<ul style="list-style-type: none"> • Serves families with children birth to 5 years • Hand in Hand Preschool has integrated special education; access to school specialists (speech, physical, etc.) • Classes for Parents and Children • Resource Materials and Home Visits • Support Groups • Programs for Teen Parents
<p>Cannon Valley Special Education Cooperative 201 Lyndale Avenue NW, Faribault (507) 645-3410 http://www.cannonvalleyspecial.ed.org/</p>	<p>Special education cooperative serving students from Faribault, Northfield, Medford and Owatonna, including:</p> <ul style="list-style-type: none"> • Students on autism spectrum with complex needs – SUN Program in Northfield • Emotional behavior disorders – ALEX program in Faribault • Transition program for students 18-12 – STEP program in Faribault
<p>Adult Basic Education Northfield Public Schools District Office 1400 Division St. S Northfield (507)663-0600</p>	<ul style="list-style-type: none"> • Adult Basic Education (ABE) is free but registration is required. • GED testing, GED prep courses, Adult Diploma classes, ELL classes.

<h2>Childcare</h2>	
<p>Ventures Childcare Bridgewater, Greenvale and Sibley Elem. (507) 664-3750 http://northfieldschools.org/communityservices/venture/</p>	<ul style="list-style-type: none"> • Various before and after school programming for kids of various ages. • EarlyVentures Learning center available for infants, toddlers and preschoolers, located at Longfellow School.
<p>Rice County Crisis Nursery 320 3rd St NW, Faribault (507) 332-6255 - Faribault (507) 645-4723 - Toll free from Northfield 1-800-422-1286 (24-hours Crisis Line)</p>	<ul style="list-style-type: none"> • Children who would be neglected or abused without intervention, or families experiencing a crisis • No fees • No eligibility requirements • Day and overnight care
<p>Kid's World 925 Parshall St., Faribault (507) 333-6724 http://www.faribault.k12.mn.us/community_ed/kids_world</p>	<ul style="list-style-type: none"> • Faribault School System can provide transportation. • Certain fee required (approx. \$2.60 per hour)
<p>Families First of Minnesota 126 Woodlake Drive SE Rochester, MN 55904 507.287.2020 www.familiesfirstmn.org</p>	<ul style="list-style-type: none"> • Provides referrals to different child care options • Crisis nursery for children in Olmstead County • Early Start free childcare for those who qualify • Early Learning Scholarships for those who qualify • Head Start free preschool program
<p>Three Rivers Head Start 1651 Jefferson Parkway, Northfield MN 55057 (507) 664-3780 http://threeriverscap.org/head-start</p>	<ul style="list-style-type: none"> • Serves preschool children and families • No cost to families that meet income guidelines • Nutritious food • Transportation may be provided • Arts, math, science, literacy, field trips

	<ul style="list-style-type: none"> • Children with special needs are welcome to apply • Parent board and high parent involvement
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RECREATION

Social Activities	
Northfield YMCA (507) 645-0088 1501 Honeylocust Dr. https://northfieldymca.org/	<ul style="list-style-type: none"> • Family Swim • Various Exercise Programs for all ages • Programs and Camps specifically for all ages • Membership not required for all programs. • Scholarships and financial aid available.
Paradise Center for the Arts 321 Central Ave., Faribault (507) 332-7372 www.paradisecenterforthearts.org	<ul style="list-style-type: none"> • Scholarships available for qualifying families through Three Rivers Community Action Center. • Offers classes for adults and kids in visual arts, performing arts and ceramics. • Preregistration required for all classes.
River Bend Nature Center 1000 Rustad Rd., Faribault (507) 332-7151 http://www.rbnc.org/	<ul style="list-style-type: none"> • Youth & Family Programs • Free for members/small fee for nonmembers. • Some programs/events require registration.
Project A.B.L.E. Northfield Public Schools Community Services 15 W. Division Street, Northfield (507) 664-3648 http://northfieldschools.org/communityservices/project-able/	<ul style="list-style-type: none"> • Consortium between Northfield and Faribault public schools. • Provides specialized social, recreational and educational programming for children and adults with disabilities. • Cooking, Arts and Crafts, Skills Classes • Usually a fee for programs
Faribault Area Community Center 15 W Division St., Faribault (507)334-2064 http://www.ci.faribault.mn.us/217/Community-Center	<ul style="list-style-type: none"> • Public Pool and Exercise/Gymnasium Area • Numerous Activities and Programs
Northfield Library 210 Washington St., Northfield (507) 645-6606 http://www.ci.northfield.mn.us/index.aspx?NID=225	<ul style="list-style-type: none"> • Access to information, books and computers • Special programs for adults and children. Call or stop by to see what programs are available!
Northfield Arts Guild Autism and the Arts 304 Division Street Northfield, MN 507-645-8877 http://northfieldartsguild.org	<ul style="list-style-type: none"> • Six-week summer art program for teens and young adults on the autism spectrum; • A+ Art Club weekly art making and social experience for those on the spectrum age 16+
Northfield Union of Youth (The Key) 109 Sixth St. W, Northfield, MN 55057 U.S.A. 507.663.0715	<ul style="list-style-type: none"> • Substance-free youth-run youth center • No registration or fees • Any youth age 12-20

	<ul style="list-style-type: none"> • Music, art, movies
<p>Buckham Memorial Library 11 Division Street E, Faribault (507) 334-2089 http://www.faribault.org/library</p>	<ul style="list-style-type: none"> • Easy access to information, books, computers, and printers • Special programs for adults and children on a monthly basis.

Recreational Activities (Camps and Trips)	
<p>Camp Confidence 1620 Mary Fawcett Memorial Dr., Brainerd 218-828-2344 www.campconfidence.com</p>	<ul style="list-style-type: none"> • Outdoor recreational programs designed to build confidence and self-esteem. • Campers are brought to Camp Confidence by their family, caregiver, etc., who is then responsible for their direct care. The typical stay is 2 nights.
<p>Fishing Has No Boundaries Confidence Learning Center (see above) info@brainerdlakesfhn.org http://www.brainerdlakesfhn.org/</p>	<ul style="list-style-type: none"> • Two-day fishing, fish fry, and entertainment event for people with disabilities • Camping options and supplies available • Limited number of scholarships available
<p>Camp Character and Camp of Champs 24250 Shady Ridge Dr. Laporte, MN 56461 218-760-8442 http://www.familyfoundationsmn.com/</p>	<ul style="list-style-type: none"> • Youth age 7-17 with disabilities • Focus on team building, challenge course, professional staff • Customized camp options • Develops character and social skills
<p>Exceptional Vacations 866-748-TRIP Email: info@exceptional-vacations.com www.exceptional-vacations.com</p>	<ul style="list-style-type: none"> • Small group escorted vacations to numerous destinations within and outside of the US. • Trips include: Universal Studios in Florida, Hawaii, Bahamas cruise, and many more. • Travel packages are all inclusive.
<p>True Friends (Camp Courage Maple Lake, Camp Courage North Lake George, Camp Eden Wood Eden Prairie and Camp Friendship Annandale) (952) 852-0101 10509 108th Street NW, Annandale MN http://truefriends.org/camp/</p>	<ul style="list-style-type: none"> • Residential and Day Camps • Special Interest Camps • Specific Needs Sessions • Weekend Respite Programs • See website for list of camps and events at each location.
<p>Easter Seals Wisconsin Camps and Respite Madison Office: 8001 Excelsior Drive Suite 200 Madison, WI 53717 800.422.2324 https://www.eastersealswisconsin.com/</p>	<ul style="list-style-type: none"> • Camp opportunities year-round in Wisconsin Dells • Different camps for different needs and ages, including respite weekends and weeks for children with severe disabilities • 24-hour care • Payment plans to make camp more accessible
<p>Green Lake Lutheran Ministries 9916 Lake Ave S, Spicer (320) 796-2181 www.gllm.org</p>	<ul style="list-style-type: none"> • Green Lake Bible Camps for children with special needs and their families. • Various houses/facilities available to rent. • Sample costs: 3 nights for a family of four, \$700

<p>Hammer Travel 1909 W Wayzata Blvd, Wayzata 877-345-8599 www.Hammertravel.org</p>	<ul style="list-style-type: none"> • Range of recreational and travel activities. • Day Trips • Traveling trips in and outside of the US. • Trips include: Twins game, West Coast baseball excursions, Boston including Six Flags, the MN State Fair, and many more • Scholarships available • Travel for individuals and groups.
<p>Off the Beaten Path PO Box 853, Faribault 800-221-3155 http://www.otbp.info/Home_Page.html</p>	<ul style="list-style-type: none"> • Range of vacations for adults with special needs all around the US. • Trips: Wisconsin Dells, Duluth, Disney World, Alaskan Cruise, Colorado, New York and many more (See
<p>Trips Inc. 1-800-686-1013 www.tripsinc.com</p>	<ul style="list-style-type: none"> • Trips for travelers 16+ with intellectual and developmental disabilities. • Trips include: Disney World, Arizona, Las Vegas, Scandinavia and Russia, New Orleans and many more US and abroad locations • Average group size is 20. • Travel packages are all inclusive and include airfare.
<p>Serious Fun Network 228 Saugatuck Avenue Westport, CT 06880 203-562-1203 https://www.seriousfunnetwork.org/</p>	<ul style="list-style-type: none"> • Umbrella organization for residential camps for children with serious illnesses, located throughout the US and internationally. • Camps are free of charge • Also hosts family camps.
<p>Camp Hand in Hand Autism Society of Minnesota 2380 Wycliff St. #102 St. Paul, MN 651-647-1083 http://www.ausm.org/index.php/ausm-summer-camps/camp-hand-in-hand.html</p>	<ul style="list-style-type: none"> • Four week-long camp sessions for kids and teens • Scholarships and Waivers available • Swimming, canoeing, music, bonfires, ropes course, nature exploration, biking, etc.
<p>Camp Winnebago 19708 Camp Winnebago Road Caledonia, MN 55921 507-724-2351 http://www.campwinnebago.org/</p>	<ul style="list-style-type: none"> • Special needs summer camp • Different week-long sessions for kids, teens, and adults • Different levels of support available to meet needs

<h3>Services for Seniors</h3>	
<p>Northfield Senior Citizens Center 1651 Jefferson Parkway, Northfield (507) 664-3700 www.northfieldseniorcenter.org</p>	<ul style="list-style-type: none"> • Visual Art and Lifelong Learning • Computer Activities • Cards and Book Club • Volunteer Opportunities • Local, US and International Trips • Fitness Center and Pool • Lunch served Monday through Friday

<p>Senior Center 19 W. Division St., Faribault (507) 332-7357 www.faribaultseniorcenter.org</p>	<ul style="list-style-type: none"> • Monthly Card Making Parties • Daily Card Games • Health Insurance Counselor (free & confidential) • Book Club • Exercise Class • Lunch served Monday through Friday • Computer Classes • Various Health Consultations/Check Ups
<p>Vital Link Adult Day Center Northfield Assisted Living 815 Forest Ave., Northfield (507) 664-8800 https://threelinks.org/care-services/adult-day-services</p>	<ul style="list-style-type: none"> • Socialization opportunity for the adult; personal time/respice for caregiver • Free transportation within 10 miles • Home-cooked meals and snacks • Nurse supervision • Variety of activities including exercise, art, trips
<p>Retired Senior Volunteer Program (RSVP) Northfield Shares (507) 450-1518 http://northfieldshares.org/volunteer/opportunities/retired-senior-volunteer-program-rsvp/</p>	<ul style="list-style-type: none"> • Links volunteers age 55+ with volunteer opportunities in the community • Provide services to frail seniors, people with disabilities, and people with low income • Free benefits to volunteers such as mileage reimbursement, supplemental accident and liability insurance, and volunteer support and recognition